

HORIZON

MAGAZINE

April 2024

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THEME OF THE MONTH: VOLUNTEERING



Volunteers are the heart and soul of Centrepont.



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OPENING HOURS

Desk Volunteers on Duty		
Monday	CLOSED	Im Lohnhof 8, 4051 Basel,
Tuesday	9:00 - 13:00	Switzerland
Wednesday	9:00 - 13:00	Tel: 061 261 20 02
Thursday	9:00 - 17:00	e-mail: info@centrepoin.ch
Friday	9:00 - 13:00	www.centrepoin.ch
1st Saturday	11:00 - 13:00	facebook.com/centrepoinbasel
Sunday	CLOSED	instagram.com/centrepoinbasel

GOVERNING BOARD

President	David Ruiz Lopez, Acting President president@centrepoin.ch
Vice-President	David Ruiz Lopez volunteers@centrepoin.ch
Treasurer	Simon Ireland treasurer@centrepoin.ch
Board Secretary	Peter Berrie secretary@centrepoin.ch
Activities Coordinator	Elda Orozco activities@centrepoin.ch
Communication and Marketing Coordinator	Heidrun Osterer communications@centrepoin.ch
Membership Coordinator	Eveline Wyss membership@centrepoin.ch
Volunteers Coordinator	David Ruiz Lopez volunteers@centrepoin.ch

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Artwall	Peta Hysen artwall@centrepoin.ch
Conversation Groups	Sarah Stringer/Alison Findlay conversations@centrepoin.ch
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Premises	Kathryn Mayoh premises@centrepoin.ch
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Disclaimer: Opinions and comments expressed in articles are those of the authors and are not necessarily shared by the general membership or by Centrepoint's Governing Board.



Editorial

Dear Readers,

The theme for this edition of Horizon is "volunteering", which is the foundation and lifeblood of Centrepoint. Without volunteers, Centrepoint would not survive. Volunteering brings with it many positives including health benefits, social interaction and connection with others, a sense of belonging to a community and a sense of purpose or meaning, amongst others. Check out my article on page 18 for more information.

There are proven health benefits to engaging in volunteering activities which I touch on in my article on page 18, and participation can come in many shapes, forms and sizes depending on interest, time availability, resources and willingness to get stuck in. Elda's article on page 20 encourages us to reframe our view. We are happy to announce new members who are getting settled in their respective new roles; see page 8 for more information. We still have a number of open roles - perhaps Elda's article might give you inspiration to help out with one of these on a regular or short-term basis?

As this issue's theme strikes the heart of our community, we also ask you, our members who volunteer, why it is important to you to volunteer for Centrepoint. Find out what some of our interviewees said in Brigitta's VoxPop Feature article on page 19. Conversation Groups are a core Centrepoint offering and in celebration of this, this month's "In the Spotlight" article highlights an English Conversation Group run by Vivian Beetle. A very insightful read!

This month we have a special Feature article on a member's passion project - Erik's wonderful garden just outside of the city. He is creating a landscaped wilderness and gives a warm welcome to members to visit to enjoy the garden in spring bloom. He is also in need of help with his project. Read his article on page 20 to hear his story and for more information about his lovely garden.

There are a number of special Centrepoint events happening this month alongside our regular events. Our partner GGG is holding their annual English Book Sale this month and calls for book donations. Mareike is back with another tour of the Kunstmuseum library, there is a new ArtWall Vernissage and exhibition and a talk by Heidrun, Graphic Designer and Centrepoint Communication and Marketing Coordinator, on "Finding the Right Font". To top the month off, John and I will be hosting a Global Pub Quiz - hope to see many of you there!

I hope that you have all had a good Easter break and come back with renewed vitality to get involved with your current and/or future volunteering roles at Centrepoint!

Alison Waterfield
Editor editor@centrepoin.ch

*Front page photos and photographers (counterclockwise):
Centrepoint 2022 Volunteer Appreciation Apéro (Photo: Brigitta Hänggi)
Vivian's English Conversation Group (Photo: Brigitta Hänggi)
Garden in Oberwil (Photo: Erik O'Reilly)
Robin and Alison at ArtWall Vernissage (Photo: Brigitta Hänggi)*

Vice-President's Words



Dear Members,

I want to start by expressing my gratitude to all of you who attended and actively participated in the Annual General Meeting (AGM) on Thursday 21st of March. You know how important it is for Centrepoint to have you there expressing your desires for the organisation's future through your votes. Besides, it was lovely to see you and spend time together with a glass of prosecco (Coke Zero in my case, you know that I do not drink).

This will be the last time I address you in this section; next month, you will have the first words of our new President. I want to say that it has been an honour for me to be the Centrepoint President for a few months and have the opportunity to communicate with you through this space in *Horizon*. My sincere congratulations to the new President who, I have no doubt, will be excellent.

Now, moving to this *Horizon* issue, the theme is probably the one that touches me closest. From my role as Volunteers Coordinator at Centrepoint, a non-profit organisation which operates solely by the dedicated efforts of volunteers, I am continually struck by the profound impact of volunteering on individuals and the community. It stands as a testament to what can be achieved when people come together, driven by the common goal of making a difference. Volunteering is not merely an act of giving; it is a transformative experience that enriches both the giver and the recipient. The benefits ripple far beyond the immediate tasks completed or the resources provided. It is about building connections, fostering empathy and creating a more compassionate society.

Volunteering also offers invaluable opportunities for personal growth to develop new skills from leadership and communication to problem-solving and teamwork. These skills not only benefit our Centrepoint community but also empower volunteers in their personal and professional lives. Countless individuals have found new passions and even career paths through their volunteer experiences.

Beyond the individual, volunteering also fosters a sense of unity and social cohesion. When people from diverse backgrounds come together for a common cause, barriers are broken down and understanding is cultivated. This sense of unity strengthens the fabric of our society, creating a more inclusive and harmonious community for all.

To all our Centrepoint volunteers, past, present, and future, I extend my deepest gratitude. Your commitment to our organisation and the greater good is truly commendable. Let us continue to unlock the power of volunteering, knowing that together we can create a brighter future for our beloved Centrepoint.

David Ruiz
Vice-President and Volunteers Coordinator
president@centrepoint.ch

Board Report



Key Points for February

AGM 2024

- First documents can now be found on the AGM web page: invitation, agenda, finances 2023, budget 2024. More will be added as they become available.
- An annual report will be produced but will not be part of *Horizon*. It will be published online with a few copies at Centrepoint for interested members.

Finances

- The 2024 budget was approved by the Board.

Membership

- Eight new members joined in January.

Volunteers

- Candidates have come forward for Horizon Layout Designer, Apéro Coordinator, Premises Coordinator, Distribution Coordinator, President and Treasurer.

Communication and Marketing

- Centrepoint will take part in February's Welcome to Basel Event, the Expat Expo on 17th March and the GGG Book Sale in April.
- The *Horizon* reader survey produced over 100 responses: the results will be published in the May or June edition of *Horizon*.

Activities

- The monthly apéro has been rescued - many thanks to Lorraine Johnson for taking on the job of coordinator.
- The Jass group urgently needs players, otherwise it is in danger of being disbanded.
- Marianna will be giving her last yoga class on 21st March, as she is leaving Basel. Centrepoint is looking for a new yoga teacher so that this popular activity can continue.

Peter Berrie
Secretary
secretary@centrepoint.ch

Centrepoint News

News Round-up

NEWSLETTER TEAM

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and let's get started together.

Easter Closure

Centrepoint re-opens at 09:00 on Tuesday 2nd April following being hard-locked over the Easter (26th March to 2nd April).

AGM and Annual Report

As the AGM took place after the April Horizon was sent to the printers, a report including pictures of the event will be published in the May issue.

The Annual Report 2023 will not be part of the May edition of Horizon. It will be published online with copies available at the front desk for any member who may want one.

New Volunteers

We are very happy to announce a number of new volunteers settled in their new roles. Lorraine Johnson is our Apéro Coordinator, Alma Flores and Nieves Federer our joint Distribution Coordinators and Kathryn Mayoh is our Premises Coordinator. See the Volunteering section for more information.

ArtWall Vernissage



Robin at her ArtWall (Photo: Brigitta Hänggi)

The Centrepoint ArtWall Vernissage "Nature Inspired" held on Friday 9th February drew in quite the crowd of visitors to celebrate the works of local artist and Centrepoint member Robin Ballard. On display were works from the Habitat Series which celebrates trees, plants, botanical forms and animals and which create a deeply touching connection between the beholder and the nature scene depicted. The artworks were truly captivating and showcased Robin's incredible talent and creativity.

Centrepoint at Welcome to Basel



John and Alison (Photo: anonymous)

The Canton Basel-Stadt's first "Welcome to Basel" event of the year was held on the evening of Monday 26th February in the Theater Basel Foyer. John Baker and Alison Waterfield proudly flew the flag for Centrepoint at our stand in the Info Market. The event is for new arrivals to Basel and started with an official welcome from members of the cantonal government, followed by time to peruse the various information stands while enjoying a drink and some nibbles.

Alison shared with us: "I loved helping out at the Welcome to Basel event, my first external event representing Centrepoint. It was great to connect with newcomers to Basel and to introduce our wonderful community to them. I had some great conversations and had a lot of fun working with John. Hopefully we will see some new faces at our next apéros and even some new members joining Centrepoint!"

Communication Core Team Email

In order to make Centrepoint communications even smoother, ensuring information gets to the right people and communicated in the right place at the right time, please use the communication core team email address:
communicationsteam@centrepoint.com

All core team members (Horizon, Weekly Briefing, Social Media, Website) will get the information at the same time and can then handle as necessary.

English Book Sale: Books, Music and Beer

The GGG's English Book Sale is back and you are invited to a celebration of literature, local music and a beer tasting. A celebration of literacy and community spirit, the Book Sale goes on all day with the festivities including a Bake Sale, Beer Tasting with Hard Labor Brew and a performance by musical guests 'The Welsh Kates'.

When: Saturday 20th April 2024

Book Sale: 10:00-17:00

Bake Sale: 10:00-14:00

Beer Tasting: 14:00

Music Performance: 15:00

Where: Basel West Library, Allschwilerstrasse 90, 4055 Basel

Who: Event is open to everyone

Cost: Free

Organiser: Nicole Scoles at librarian.awc@gmail.com

English Book Sale: Call for Book Donations

You can support the GGG's English Book Sale at the Basel West library on Saturday 20th April by donating books and records. For more information about the book donation process, please contact Nicole Scoles.

Accepted are:

- Fiction in excellent condition
- Non-fiction in excellent condition, copyright 2018-2024
- LPs/EPs/singles of all genres
- Children and juvenile books

Not accepted are:

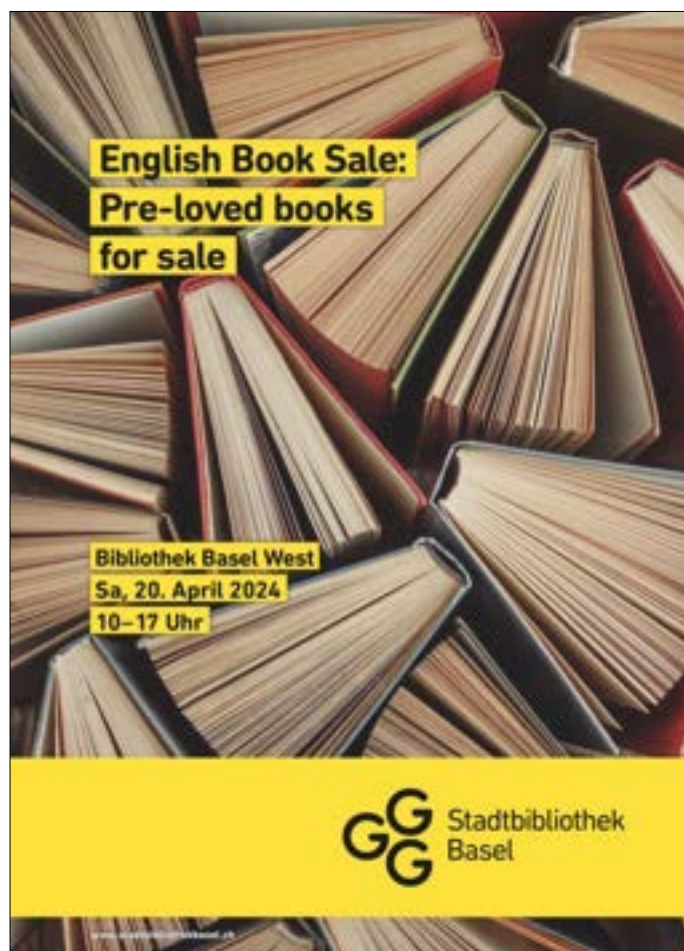
- Damaged books
- School books
- Activity books
- DVDs, discs, VHS
- Non-fiction older than 2018

Date: Drop-off between 2nd and 19th April

Drop-off Times: Tuesday to Friday 10:00-19:00, Saturday 10:00-17:00

Location: Basel West Library, Allschwilerstrasse 90, 4055 Basel (No. 6 tram to Allschwilerplatz or Bus 36 to Morgartenring)

Contact: Nicole Scoles at librarian.awc@gmail.com



Trip Report

Fasnacht Fever in Basel

TEXT AND PHOTO MICHELLE LAUTERBACH



Discovering a Fasnacht clique meeting place

Why do the Baslers call confetti *Räppli*? And how did military marches find their way into Fasnacht? To learn about the origins of Fasnacht, a group of Centrepoint members took part in a city tour on 11th February, one week before the start of Fasnacht. Our expert guide from Basel Tourism, Béa Tschopp, explained the history of the festival while pointing out some of the main routes and locations for the celebrations.

It was no coincidence that the tour started at the Tinguely Fountain, also known as the Fasnachts-Brunnen. After following the Fasnachtsgasse to Barfüsserplatz, we walked up to the Basel Cathedral and through many of the city's narrow, winding streets, discovering the best places for viewing the Cortège (parade) and the cellars and restaurants visited by the Fasnacht groups (cliques). Bea informed us about the dos and don'ts for Fasnacht participants and bystanders, the rival music groups, the traditional costumes and masks, the satirical verses and the evolution of Fasnacht lanterns. We learned some of the unique words associated with Fasnacht: for example, *Räppli*, which fill the streets of Basel during and after the event, were named after the Swiss penny, the Rappen.

We also came across a few unexpected gems, such as the city's smallest museum, the Hoosesaggmuseum on the steep Imbergässlein. Our tour ended on the Pfeffergässlein in a corner of the old town where the sign for an imaginary Consulate of the Kingdom of Lepmuria hangs outside a clique meeting place.

The Good Old Days

Fasnacht celebrations in Basel were not always as structured as today. During the Middle Ages the event often became a free-for-all as citizens indulged in excessive eating and drinking; the traditional mask with a long nose harks back to the heavy drinker. Some of the revelers used the chaos as an excuse to conduct crimes, and adding to the confusion, the nobility carried out jousts nearby. Despite attempts by the church and city officials to restrict the activities and a complete ban during the Reformation, the festivities came back stronger than ever.

Fasnacht celebrations had a strong connection to the guilds and to the assembly of the Swiss troops, which brought in the tradition of marching to piccolos and drums. During the 19th century the press began to report regularly on Fasnacht activities and many of the elements that we know today, such as Morgenstreich, were introduced. A Fasnacht Committee was founded in 1911 to organise the growing event, which included introducing the Fasnachts-Plaketten ("Blaggedde"; badges) to cover some of the costs.

In recognition of its unique character, Basel's Fasnacht was admitted in 2017 to UNESCO's Representative List of the Intangible Cultural Heritage of Humanity.

Sources:
<https://www.basel.com/en/events/carnival#history>
<https://altbasel.ch/dossier/fasnacht.html>



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Volunteering

Volunteer of the Month

Reid Golden



The Board is delighted to announce Reid Golden as the Volunteer of the Month for April 2024. Originally from the United States, Reid has been a resident of Switzerland with his wife for many years. His journey with Centrepoint began in 2012 when he first heard about the organisation from an attendee at an event similar to Expat Expo.

Since joining Centrepoint Reid has been a dedicated member of the team, starting as Front Desk staff in July 2015. His commitment shines through as he volunteers two days a week, offering invaluable support to the organisation. In addition to his role at the Front Desk, Reid also serves as the backup for the Front Desk Scheduler, Janet Montgomery. Furthermore, he assists the membership renewal team by diligently sending out new and renewing membership cards each month.

When asked about his motivation to volunteer, Reid shared that he embarked on this journey when he retired in 2015. Seeking to maintain a sense of purpose and structure, he found fulfilment in meeting new people and engaging with the library at Centrepoint.

“What I love about Centrepoint,” Reid expressed, “is the diverse range of people I’ve had the pleasure of meeting over the years and the satisfaction of being able to assist visitors and members with their needs at the front desk.”

The Board extends its heartfelt gratitude to Reid for his unwavering commitment and significant contributions to Centrepoint. His dedication is a testament to the spirit of volunteerism that embodies the essence of Centrepoint’s community. Congratulations, Reid Golden, on being named Volunteer of the Month!

David Ruiz

Volunteering Vacancies: We Need You!

Centrepoint is run entirely by volunteers. Without them we could not exist. Volunteering is fun! You can socialise with other people and it gives you a sense of accomplishment knowing that you are helping others.

Whether you have one hour or one day to give, whether you want to work from home or in an office, whether you want to work on your own or in a team, we have a position for you.

Welcome Desk Scheduling Coordinator

Centrepoint is looking for a Welcome Desk Scheduling Coordinator. You will be a member of the Activities Team and will report directly to the Activities Coordinator. The Welcome Desk Team is responsible for welcoming and greeting attendees at Friday’s Coffee Morning. They do a great job making newcomers and current members feel welcome. Every Friday, the welcome desk should be staffed by two members of the team.

You will be responsible for coordinating with the Welcome Desk Team and ensure there are two volunteers present for each Friday shift, for maintaining a pool of volunteers to cover the shifts and giving training and guidance when needed. You will need good organisation

and planning skills with good attention to detail. You will be comfortable and happy coordinating a team primarily via email correspondence, have concise and clear communication skills and be enthusiastic about and able to interact well with other volunteers and the general public.

If you are interested, please contact David Ruiz at volunteers@centrepoint.ch

Trips Leaders

Centrepoint is looking for Trips Leaders who will be members of the Trips team and report directly to the Trips Coordinator. The main objectives for this role are to generate ideas for English-language excursions or adopt ideas from the Trips Coordinator, communicate with the host organisation and manage all trip logistics such as scheduling, attendance and payment. The Trips Leader will also be responsible for advertising the event to Centrepoint members and arranging for a trip report.

Recommended skills for the Trips Leader are good organisation and planning skills and the ability to interact with other volunteers and the general public.

For more information, please get in touch with Michelle Lauterbach at trips@centrepoint.ch

Talks Leaders

We are also looking for Talks Leaders. The role is quite similar to the Trips Leader as described above, with the difference that you will be responsible for talks instead of trips.

If you are interested, please contact Bronwen Saunders at talks@centrepoint.ch

Monthly Apéro Team Members

Lorraine, our Monthly Apéro Manager, needs help! She would like one or more volunteers to work with her to run the apéros (typically held on the third Thursday each month).

Key responsibilities are buying the food and wine in advance, organising helpers, preparing the food prior to the apéro and hosting the evening. If you could commit to help Lorraine run three or more of the apéros during the year, that would be great.

Interested? Then please email David at volunteers@centrepoint.ch

Volunteering

New Volunteer Bios

Distribution Coordinators



Nieves and Alma (Photo: Brigitta Hänggi)

Nieves Federer

Nieves was born in the Philippines. After finishing high school and college, she pursued post-graduate studies in psychology. Her life turned her to other things and she joined a Catholic lay missionary group to work in Ecuador. It was there that she met and fell in love with her Swiss husband. They were married, had twin boys and worked together for almost 50 years in his butchery business until he unfortunately became sick and passed away.

Seven years later Nieves decided to move on and came to Switzerland. She has been living in Basel for six years and been a member of Centrepoint ever since she was recruited by former president Kate Watson. Nieves now wants to show some token of gratitude for the benefits and experiences she has accumulated over her years of being a Centrepoint member. Alma opened a door for her in sharing the role of Distribution Coordinator and Nieves chose to enter.

Alma Flores

Alma Flores was born and raised in Mexico City. Alma's husband is also Mexican and because of his job she has had the opportunity to live in Quito, Ecuador and Montreal, Canada. When they were living in Montreal her husband received an offer for a position in Basel Switzerland, they accepted and arrived here four years ago. Alma has two daughters; the oldest one is studying at the FMS (Fachmaturitätsschule) and the youngest one is in the last year of secondary school. It has been a great challenge for both of them to study in such a new and complex language as German.

Alma joined Centrepoint in August 2022 because she saw this place as a great opportunity to practise languages. For her, Centrepoint is a welcoming space where she has met wonderful people from different countries and culture. She decided to take the distribution role because she knows that Centrepoint needs the support of its members; it is a place that is sustained by volunteer work and this is her contribution.

Premises Coordinator: Kathryn Mayoh

Kathryn was born and grew up in England. After completing her studies she moved to Frankfurt, Germany where she worked for several years before moving to the Basel area with her husband and son in 1996.

Kathryn now lives across the border in France with her German husband (her son has long since flown the nest) and, having cut down on her work, has a bit more free time to become involved in Centrepoint. Other interests and activities include gardening, walking and travel.



WHY NOT BRING A FRIEND?

Do you have a friend (or two?) who might like to join Centrepoint?

Perhaps they would like to meet and chat with new friends over a coffee in English at our Friday Coffee Mornings or in German at our Wednesday Kaffee auf Deutsch?

- or chat over a glass of wine and nibbles at our monthly evening apéro?
- or practise speaking English, German, French, Italian, Spanish or Baseldütsch?
- or listen to a talk, go on a trip or take part in one of our activity groups?
- or read a book from our library or our latest edition of Horizon?

Centrepoint offers many ways to meet people and socialise. So why not suggest us to a friend?

Visit www.centrepoint.ch for details.

This Is Your Horizon!

We warmly welcome member contributions to Horizon. Each issue has a specific theme of the month upon which various Horizon section contributions are based. A contribution may include a connection to the Basel region or Switzerland or cover a more general or global scope linked to the theme.

The themes for the next two Horizon issues are:

- May: **Steps**
- June: **The Arts**

Interested in writing an article of between 200 and 600 words on one of our themes? A trip or talk report, or perhaps even a poem? Do you have an idea for a new kind of contribution or section? Please get in touch!

You do not have to be an English native speaker, nor does your English have to be perfect to contribute; at least half of our members are non-native English speakers. And the Editorial Team is here to help!

The deadline for contributions is the 1st day of the preceding month (or the 2nd/3rd of the month if the 1st is a bank holiday or falls on the weekend). For example, for the May 2024 issue, the deadline is Tuesday 2nd April. However, we accept articles whenever they are ready and the earlier the better!

If you have an idea you want to discuss, a question you want to ask, or an article you are thinking of submitting, please contact editor@centrepoin.ch. Knowing in advance regarding an intended submission greatly helps in the content planning process.

*Submissions should include **Title and Author**. Accompanying photo(s) are a welcome addition to any contribution; please include a caption(s) and the photographer's name or other source. **Please be sure to obtain permissions from any individual appearing in a photo before submitting**. The image must be **at least 300dpi** and in **.jpg** or **.png** format. The Editor reserves the right to shorten or edit submissions as necessary, though authors retain copyright.*

Has this got your creative juices flowing and made you want to put pen to paper? If so, what are you waiting for, get writing!



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Regular Events

Climate Change Discussion

Date: Monday 8th April
Time: 15:30-17:00

Julie Telford will give a presentation on the book *Not the End of the World: How We Can Be the First Generation to Build a Sustainable Planet* by Hannah Ritchie. For more information contact Julie Telford at climatechange@centrepoin.ch



Kaffee auf Deutsch

Date: Every Wednesday Every Friday
Time: 10:30-12:30 14:00-15:30

Would you like to practise your German or help others improve their own? Come and join us on Wednesday or Friday mornings for a cup of coffee or tea, and some German.



Weekly Coffee Morning

Date: Every Friday
Time: 10:30-12:30

Would you like to meet people from different countries, find new friends and learn what is happening at Centrepoin, in Basel and its surroundings? Then join us on Friday mornings for a cup of coffee or tea.



Monthly Apéro

Date: Thursday 18th April
Time: 18:00-20:00

Join us for a glass of wine and snacks and enjoy mingling with the wonderful community we have. It's a chance to meet up with friends old and new and talk about anything that comes to mind.



Monthly Welcome Coffee

Date: Wednesday 10th April
Time: 10:30-11:30

New, current and potential members are welcome to join Wendy upstairs at the Café Huguenin at Barfüsserplatz.



Special Events

Global Pub Quiz



Do you know the capital city of some obscure country like Guatemala? Do you know who played bass in the Beatles? Do you know how many legs a centipede has? The Global Pub Quiz is coming to Centrepoin in April, hosted by John "Jazz-hands" Baker and Alison "The Whacker" Waterfield. Come as a team of four people or find your teammates on the night. Arrive from 18:00 onwards, quiz begins promptly at 18:30. There will be some time to socialise after the quiz finishes.

When: Thursday 11th April 2024

Time: 18:00-21:00

Where: Centrepoin Library

Who: Event is open to members only (20 spaces, five teams of four people)

Cost: CHF 2 (per head for prize fund)
Refreshments: BYO (bring your own drinks and snacks)

Registration: Space is limited, so please sign up for the quiz using this link:

<https://centrepoin.ch/event-5609971>

Organisers: John Baker and Alison Waterfield at globalpubquiz@centrepoin.ch

All our regular events (except for the monthly welcome coffee) take place at Centrepoin and are open to members and potential members. Just drop in!

To find out about talks, trips and other ad hoc events, check out the weekly briefing email sent to Centrepoin members every Friday morning.

You can also find this information on the Trips and Talks pages in the Members' Area of the Centrepoin website.

Peek behind the Scenes of a Museum Library



Reading Room (Photo: Julian Salinas)

In response to popular demand, librarian and Centrepoint member Mareike Doleschal is offering three more tours of Basel's Kunstmuseum library. You'll delve into the captivating history of the building, uncover treasures stored in the library's secure rooms and find a peaceful sanctuary. Please don't worry if you can't make the dates below; tours will take place regularly.

When: Tuesday 23rd April, Tuesday 25th June and Tuesday 20th August

Time: 10:30-11:30

Where: Meet in the foyer of the Kunstmuseum library. (On 20th August meet outside the library entrance.)

Registration: Registration is required at one of the following links. Maximum eight attendees per trip.

23rd April:

<https://centrepoin.ch/event-5635147>

25th June:

<https://centrepoin.ch/event-5635140>

20th August:

<https://centrepoin.ch/event-5631437>

Who: Members and non-members

Cost: Free of charge

Organiser: Mareike Doleschal at mareike.doleschal@unibas.ch

Finding the Right Font: What Type(face) Am I?



Heidrun at "Lust auf Gut" presentation (Photo: event guest)

Have you ever wondered which typeface would best match your message? Do you love letters and how letters look? Then join Heidrun Osterer on this font-finding mission and find out for yourself how typefaces influence our receptiveness to the written word.

Heidrun Osterer is a graphic designer specialising in typography. She is also the co-author of *Adrian Frutiger. The Typefaces (2009)*, the complete works of one of the twentieth century's greatest type designers.

When: Tuesday 23rd April 2024

Time: 19:00-20:30

Where: Centrepoint Main Library

Who: Members only

Cost: CHF 5 (for refreshments)

Registration: Space is limited so please sign up using the registration link:

<https://centrepoin.ch/event-5653221>

Organiser: Bronwen Saunders at talks@centrepoin.ch

ArtWall Vernissage: Textures



(Photo provided by artist)

This month welcomes a new ArtWall exhibition running from 26th April to 31st May, with the Vernissage being held on Friday 26th April at 18:00-21:00.

The Swiss artist Helen von Burg (*1959) lives and works in Basel. She trained at the Basel School of Design (Schule für Gestaltung) (1978-1980) and studied painting at the Brera Academy of Art in Milano (1985-1989). She also received training as a theatre painter at the Stadttheater Basel (1981-1985). While in Milan, she was awarded the Art Prize of the R. & M. Beyeler Foundation in Basel. Since 1986 she has participated in numerous exhibitions and realised public art and building projects. Her work is represented in various private and public collections.

In her work, Helen is interested in the mood which is created by colour in space and the relationship between pictorial objects and space. Colour and rhythm are the main protagonists in her works, whereby the colour, material, technique and size of the works vary. The contrasts which develop in unusual and striking juxtapositions of colours and materials are just as complex as the dimensions and the sizes of the colour areas. Vibrant reflections are created which cause different elements to take on their own dynamic as the viewer's perspective changes, thus creating plasticity and evoking mental afterimages. (Dr. Isabel Balzer)

Activity Groups

ARTS AND CRAFTS

CREATIVE STUDIO

Currently suspended.
If interested, please contact:
creativestudio@centrepoin.ch



MEN MODELLING!

Date: 1st, 2nd and 3rd Wednesday
Time: 16:30-18:30
Place: Centrepoin
Who: Members only
Contact: Peter at
modelling@centrepoin.ch



If you fancy a chat over a beer about life in general or men's hobbies in particular, then come and join us. Now and again we also work on the current model. Please contact Peter to confirm dates.

HOOKS AND NEEDLES

Date: Every Thursday
Time: 14:00-16:00
Place: Centrepoin Library
Who: Members only
Contact: Heather at
hooksandneedlescentrepoin.ch



Enjoy a good chat over a cup of tea or coffee while knitting, crocheting, cross stitching or quilting etc. We can't offer tutorials but we are always happy to help one another and offer advice.

PHOTOGRAPHY GROUP

Date: Tuesday 9th April
Time: 19:00-22:00
Place: Centrepoin Library
Who: Members only
Contact: Uwe at
photography@centrepoin.ch



The Photography Group learns together by discussing photos, their quality and how they might be improved as well as going into the field for some practice. New members are always welcome.

OUTDOORS

SUNDAY WALKERS

Date: 3rd Sunday
Time: 10:00-13:00
Place: Basel region
Who: Members and friends
Contact: Giselle at
sundaywalkers@centrepoin.ch



Join us as we go for a two-hour ramble through the Basel countryside. All walks are accessible by public transport.

BIRDWATCHING

Date: 2nd Saturday
Time: 09:00-11:30
Place: Basel region
Who: Members and friends
Contact: Dave at
birdwatching@centrepoin.ch



Join Dave for a birding walk, sometimes searching for specific bird species, sometimes just checking what is around. Both beginners and experienced birders welcome. Bring binoculars if you have them.

GAMES

BOWLING

Currently suspended.
If interested, please contact:
bowling@centrepoin.ch



JASS

Currently suspended.
If interested, please contact:
activities@centrepoin.ch



GAMES

WEDNESDAY BRIDGE CLUB

Date: Every Wednesday
Time: 13:00-16:30
Place: Centrepoin Library
Who: Members only
Contact: Darlene at
bridge@centrepoin.ch



Some playing experience required.

BRIDGE FOR BEGINNERS

Date: Every Tuesday
Time: 09:00-13:00
Place: Centrepoin library
Who: Members only
Contact: Sev at
bridgeclub@centrepoin.ch



Come and learn the basics of bridge in a friendly atmosphere with lots of support.

WESTERN MAHJONG

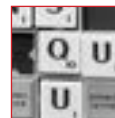
Date: Every Tuesday
Time: 10:30-12:30
Place: Centrepoin Library
Who: Members only
Contact: Team at
mahjong@centrepoin.ch



if you are interested in the game of Mahjong, please join us on Tuesday mornings. All levels welcome. We will also teach beginners the basics of this fascinating game.

SCRABBLE

Date: 3rd Wednesday
Time: 19:00-21:00
Place: Centrepoin Library
Who: Members only
Contact: Bronwen at
scrabble@centrepoin.ch



Does your passive vocabulary need an airing? Do you enjoy playing with words? Then join us for an evening spent poring over the Scrabble board and shunting letters around. No previous experience required, just a love of language.

READING & WRITING

BOOKS IN ENGLISH

Date: 2nd Tuesday
Time: 17:30-19:00
Place: Centrepoint lounge
Who: Members only; non-members welcome to attend once
Contact: booksinenglish@centrepoint.ch
Book: *The Promise* by Damon Galgut



For a list of current and forthcoming books, send us an email. Feel free to drop in if you would like to join in the discussion (spoilers likely).

SPANISH BOOK CLUB

Date: Friday 26th April
Time: 17:00-18:30
Place: Centrepoint
Who: Members only
Contact: Olga at spanishreading@centrepoint.ch
Book: *La cabeza de mi padre* by Amalia Delia Murillo



We select and read a total of six books per year. Every two months, we gather to share our points of view and discuss the material. Please read before the discussion. Come and join us!

THIN RAFT WRITERS

Date: 3rd Tuesday
Time: 19:30-22:00
Place: Centrepoint
Who: Members only
Contact: Roger at thinraftwriters@centrepoint.ch



Everyone is welcome. Bring your writing for review and constructive critique.

HEALTH & WELL-BEING

YOGA

Currently suspended.
We are looking for a new yoga teacher so this popular activity can continue. If interested, please contact: activities@centrepoint.ch



MINDFULNESS AND MEDITATION

Date: Every Friday
Time: 13:00-14:00
Place: Centrepoint Library
Who: Members only
Contact: baselcounselling@gmail.com



No special equipment or clothes are required and all the sessions will be seated on ordinary seats. Sessions will be facilitated by Tony Moody and you just require an open and curious mind.

If you have an idea for a new group and would like to help organise and publicise it, please contact: activities@centrepoint.ch.

German Intensive Courses

5x/week mornings



 inlingua

In the Spotlight

Vivian Beetle, English Conversation Group Leader

INTERVIEW BY ALISON WATERFIELD



Members of Vivian's English Conversation Group
(Photo: Brigitta Hänggi)

Which conversation group do you lead?

I lead a two-hour Intermediate/Advanced (I/A) English Conversation Group on Wednesday evenings from 17:00-19:00. This longer than usual time frame offers certain benefits - it permits members who come from work to join for as much time as possible. The extended period also allows for relaxed, yet in-depth discussions which promote cultural exchange, issues exploration, spirited debate and, of course, shared laughter.

How long have you been leading the group?

In late 2015 I learned the Group was facing an unknown future as the previous leader left Basel on short notice. After speaking briefly with some Group members I offered to try my hand at the Leader role. To date, it's more than eight years of mutual learning.

What made you want to start getting involved at Centrepoint in this way?

The rewards of volunteering are something I learned many decades ago and I have always treasured Centrepoint's diversity - across nationalities, ages, mother tongues, cultures and backgrounds. Coupled with my personal penchant for linguistics, words and dialogue this made leading a Conversation Group nearly irresistible.

However, taking on the role represented an irony for me. From an early age I had

vowed I would not follow in my mother's footsteps as a schoolteacher. Even as a young girl in the USA I had ambitions beyond the few options then presumed for a woman coming of age in the 1950's and '60's. But now decades later and post-retirement, I have managed to discover my "inner teacher", thanks to Centrepoint. It seems I'm channelling my mother after all. She would be pleased.

What does a typical conversation group session look like?

As an I/A group, we function with a rather unstructured format. There is no planned lesson or instruction, rather we address English grammar, pronunciation, vocabulary and idioms as they arise through conversation. A session can be rather spontaneous given the evolving discussions. Or, at times, I help vary or guide the discourse with selected articles on current or curious topics. This also provides everyone an opportunity for oral reading.

I consider my role to be assuring the discussions are informative, inclusive and congenial. We all share opinions and experiences in an open and supportive context.

What advice would you give to people wanting to practise a language?

Try a Centrepoint Conversation Group. They are included in your membership and offered within a friendly and infor-

mal format at varying levels in several languages.

The experience can enhance or strengthen other more formal instruction. Or it can simply help improve your existing skills. All Groups are led by volunteers who manage the sessions in their own style but are invariably committed and passionate about the role.

To inquire about a group, you can simply send an email to conversations@centrepoint.ch.

Comments from Group Members:

"I joined the Group almost a year ago. As we exchanged introductions, I heard several members say the Group is a highlight of their week. In time, I too discovered I enjoy the sessions very much as each one is a unique journey and you never quite know where Vivian will lead us."

"Through participation, I gain confidence, expand my vocabulary and practise expressing myself with the help of our Group Leader, who is humorous and has broad knowledge of many subjects. Learning more about American culture and political situations are added benefits."

"It's always surprising what Vivian sorts out of her magical basket, waking up our varied interests, followed by questions and pretty lively discussions. I enjoy being a member of this Conversation Group who share the same goal - optimising our English."

"We are an international group that is inspired by Vivian's ideas every Wednesday. Our subjects of discussion are very diverse and extremely topical. Whether it be "Christmas", "Basler Fasnacht", "Valentine's Day" or "Leap Year", we regularly manage to discuss and debate current topics. For me, American politics is difficult to understand so I particularly appreciate the in-depth explanations. Always well-prepared, our Leader patiently introduces us to the finer points of the English language."

"Since I am retired, I enjoy the opportunity to continue speaking English. Our leader Vivian brings creative topics and by discussing these topics we not only learn the language, but also the history, customs, traditions and much more. We enjoy her lively manner, which is both amusing and motivating. And last, but not least, the Group itself is extremely nice."

Conversation Groups

Good to Know

- Conversation groups are free of charge for Centrepoint members.
- Non-members can usually attend one session without charge, after which they must become a Centrepoint member.
- Conversation Groups are held in-person in the Centrepoint Conversations Room or Library. Certain groups are held online via Zoom.
- The groups are generally not suitable for absolute beginners.
- The conversation group leaders are volunteers.
- The primary purpose of the groups is language practise. Centrepoint does not provide structured language courses.

Joining a Conversation Group

- Please send an email to conversations@centrepoint.ch.
- We will send you an application form in which we ask you to provide some personal details and information about your language level.
- Then we will check for available places in suitable groups and invite you to a trial session. You may try more than one group if places are available.
- If there are no places available in any of the suitable groups, you may choose to go on a waiting list.
- We kindly ask that you only go to a group once you have received confirmation that a space is available from conversations@centrepoint.ch.

(B) Beginners, A1-A2
(B/I) A2-B1
(I) Intermediate, B1-B2
(I/A) B2-C1
(A) Advanced, C1-C2

Current Courses

Baseldütsch

(I) Thursday, 11:30-12:30 Doris Nett

(I) Thursday, 12:30-13:30 Doris Nett

English

(B) Tuesday, 11:10-12:15 Gillian Macdonald

(B) Wednesday, 9:30-10:25 Sarah Stringer (online)

(I) Thursday, 9:00-10:10 Alison Findlay

(I) Thursday, 15:00-16:00 Jill Gregson

(I/A) Wednesday, 17:00-18:55 Vivian L. Beetle

(I/A) Thursday, 13:45-14:40 Elsa Obolensky (English Coaching)

(I/A) Friday, 9:30-10:25 Carmel Curran, Rebecca Mantle

(I/A) Friday, 12:30-13:25 Marica Freuler, Sarah Stringer

(A) Tuesday, 12:20-13:15 Gillian Macdonald

German

(B) Monday, 13:30-14:30 Katrin Müller

(B/I) Monday, 14:45-16:30 Esther Jucker

(I/A) Monday, 18:00-19:00 Brigitta Bende

(I/A) Tuesday, 14:45-15:45 Andrea Meerholz

(I/A) Thursday, 10:15-11:10 Brigitte Oeschger (German Plaudern)

Italian

(B) Wednesday, 11:00-12:00 Jenny Burckhardt

Wednesday, 12:00-13:00 Jenny Burckhardt

(I) Monday, 9:00-10:30 Valentina Fontana

(I/A) Wednesday, 10:00-11:00 Jenny Burckhardt

(A) Monday, 10:30-11:50 Valentina Fontana

Russian

(B) Tuesday, 10:00-10:55 Ludmila Cherednichenko

Spanish

(B/I) Tuesday, 9:00-9:55 Deyanira Ortiz Rusterholtz

(I) Tuesday, 13:30-14:25 Gabriela Vivot

(A) Friday, 16:00-17:10 Olga Märki

Basel Essentials

A Day of Local Politics and Federal Expansion

TEXT AND PHOTOS BRIGITTA HÄNGGI



Voting at the Basel Town Hall on 3rd March

Basel Stadt Election

On Sunday 3rd March 2024, the election to replace a former member of the Cantonal Government Council and to select its new president took place. This election was necessary to fill the vacant positions which Beat Jans held when he left the Basel-Stadt government to become a Swiss Federal Councilor in December 2023.

In both elections, a run-off became necessary since none of the candidates achieved an absolute majority. Mustaf Atici, SP, who received the most votes, will compete with second place, Luca Urgese, FDP, for the seat in the Government Council. Atici, who was also on the ballot for the presidency, has taken himself out of this other race. Most likely Conradin Cramer, LDP, will win this run-off against Jérôme Thiriet, Green Party.

The run-off elections will take place 7th April, after which the newly elected officials will assume their roles on 1st May 2024.

Listening to the candidates after the votes were counted, there seemed to be no great disappointment even among the losing candidates, at least publicly. The mood at the Congress Center at the Messe in Kleinbasel, where all the candidates gathered, was relaxed and quite cheerful. The focus already seemed to shift towards this fall when all the members of the cantonal government will be up for re-election.

Switzerland Votes

There was anticipation in the air on the morning of 3rd March. I personally observed this in front of the historic Rathaus on Marktplatz. The crowd of voters grew even larger and more hurried as the clock ticked closer to noon, the time when the ballot office would close. It soon became clear: this was an historic Sunday. Almost 60% of Swiss voted on two initiatives.

"Better living in retirement"

Under the 13th pension payment initiative, starting in 2026 monthly pensions will be paid 13 times a year. Old-Age and Survivors' Insurance (OASI) is the foundation of the Swiss pension system (AHV, in German). More than 2.5 million pensioners currently receive an OASI pension, which is intended to provide adequate support for basic needs in old age. The last time the AHV pensions were increased was in 1979.

What motivated so many Swiss to vote in favour of this costly expansion? From the left to the right, people seemed to feel "Now it's my turn!" And not surprisingly, the elderly voted overwhelmingly for the Initiative.

"For secure and sustainable pension provision"

On this same Sunday, about 75% of the Swiss voters rejected a people's initiative aimed at gradually raising the retirement age from 65 to 66 over the next decade,

and thereafter pegging it to life expectancy, to ensure the future of the state pension system. Without reform in the next few years, the long-term financial security of the pension system could be at risk due to the ageing population and the number of pensioners increasing faster than the number of workers who pay in.

These initiatives have left the question of financing open. Thanks to various reforms, AHV benefits are well financed today; however, deficits are expected after 2030. With the 13th pension, the AHV would need additional income or there would need to be cuts in benefits or savings in other areas of government.

Federal Councilor of the Interior, Elisabeth Baume-Schneider, commented that the Federal Council is quickly getting to work on a financing proposal. She indicated that an increase in value-added tax and additional payroll taxes are under consideration.



Conradin Cramer, LDP

Out and About

April Events

PETER BERRIE

April is a time when outdoor life begins in Basel. The buvettes on the Rhine open and it begins to get warm enough to sit out and eat. Working life can be sampled on Basel Industry Night on Friday 19th April when over 40 companies give insight into their activities and work culture:

www.industrienacht.com

The Bscene at the Kaserne offers two days of musical life on Friday 19th and Saturday 20th April:

www.bscene.ch

Life behind the scenes is the subject of the Open Doors event on Saturday 27th and Sunday 28th April when you can visit over 100 buildings in Basel:

www.openhouse-basel.org

Community Events

Semi-Circle

Monday Play Reading

Join Semi-Circle members for an informal play reading:

Date: Monday 8th April

Place: Centrepoint Library

Time: Doors open at 19:00, play reading begins at 19:30

More information:

www.semicircle-basel.com/whats-on

"God of Carnage" by Yasmina Reza

This dark comedy, which premiered in Zurich in 2006, leaves its Parisian setting for Basel. It runs for 90 minutes without break and contains strong language.

Date: Thursday 4th and Friday 5th April

Time: Doors and bar open at 19:00, play begins at 19:30

Place: The Safe, Unternehmen Mitte, Gerbergasse 30, 4001 Basel

Tickets:

www.semicircle-basel.com/whats-on

St. Johann JUKIBU Library

Climate Change: How Will it Affect Me in Switzerland?

Talk by Jack Church of International Volunteers for WWF

Date: Thursday 4th April

Time: 18:30-20:00

Place: Bibliothek St. Johann JUKIBU, Lothringerplatz 1, 4056 Basel

Tickets: Free. All welcome from age 12+
More information: stjohannjukibu@stadtbibliothekbasel.ch

Basel West Library

English Book Sale

You're invited to a celebration of literature, local music and a beer tasting at the English Book Sale. It's a celebration of literacy and community spirit.

Date: Saturday 20th April

Time: 10:00-17:00

Place: Basel West Library, Allschwilerstrasse 90, 4055 Basel

Tickets: Free. All ages welcome.

More information:

<https://www.stadtbibliothekbasel.ch/de/veranstaltungen.html>
(filter by English Events, GGG Bibliothek Basel West)

NSH!
BILDUNGS
ZENTRUM

Learn German now!

Start a German course now with 10% off*
Available for German courses Intensive Plus, Intensive, Standard and Crash Course.
Fill out the consultancy form and comment **GERMAN10**.

* Not redeemable on other courses, one-to-one-lessons and Goethe certificates.

Scan for further details, or go to nsh.ch

ipso! Bildung seit 1876

Egg freezing as fertility preservation at the RME (Universitätsspital Basel)

At the center for reproductive medicine and gynaecologic endocrinology (RME) of the University Hospital Basel, we offer elective oocyte cryopreservation (egg freezing) for reproductive age women who are interested in having children but not ready yet.

The latest freezing technology (vitrification) is used to preserve the eggs.

To learn more about this treatment and to find out whether egg freezing is a good option for you, contact us at reproendo@usb.ch.

English consultations with reproductive specialists available

Universitätsspital Basel

Features

The Health Benefits of Volunteering

ALISON WATERFIELD



Volunteering offers a range of health benefits that can positively impact mental, emotional and physical well-being. Engaging in such work not only enriches the lives of others but also enhances the well-being of the individuals themselves who are taking part. Both parties gain in a reciprocal relationship making volunteering a worthwhile activity to consider for anyone looking to improve their health and happiness.

Multiple factors and mechanisms contribute to improved mental and emotional well-being in individuals who volunteer. A reduction in stress, anxiety and depression as well as an improvement in mood can all come about by the act of helping others. It can nurture a positive outlook on life and being part of a community and feeling socially connected can combat loneliness and isolation.

By mastering new skills, receiving positive feedback from community members and fellow volunteers, individuals can feel a sense of accomplishment which can help boost their self-esteem and self-confidence. For people who may have been out of work for some time, experienced a loss or personal setback, volunteering can be a way to help build themselves back up again and to bring happiness back to their lives with the support of a community. Many individuals also find a sense of purpose, fulfilment and meaning in life through helping others.

Regular engagement in volunteer activities can build emotional resilience by being exposed to diverse situations and challenges, helping individuals to develop coping strategies and emotional strength that can be beneficial in navigating personal life challenges.

While not a direct health benefit, volunteering can provide career advantages through skill development, personal growth, networking and gaining experience in various fields of work. This can lead to improved job satisfaction, work-life balance and even help in getting a new job.

Depending on the type of volunteer work engaged in, it can be physically active thereby encouraging people to move more than they might in their usual daily routines. This increased physical activity can help improve overall physical health.

Volunteering acts on multiple levels to enhance an individual's well-being. Offering a unique blend of social, psychological and physical benefits that can mitigate symptoms of mental health conditions, improve mood and contribute to overall mental resilience, engaging in such activities can be an important component of a holistic approach to overall health and well-being.

Why Get Involved?

MEAGHAN RENNER OFORI



Meaghan (Photo: Ben Ofori)

In our busy lives it's sometimes hard to imagine how we can make time for volunteering. But volunteering has some surprising benefits, not only to the community you serve, but also to yourself.

Many people come to Basel as 'trailing spouses' and have a difficult time finding work in their field. This can be a difficult position for many as so often nowadays we define ourselves by our careers. Volunteering can be an excellent remedy for this lost sense of purpose, and the networking opportunities that come from working with the Basel community can also provide invaluable contacts. In Basel you also have the added bonus of improving your German!

I started You Belong in Basel with this idea in mind. I, like many others, came to Basel as a 'trailing spouse' and was searching for a sense of purpose. This project has really helped me to get to know the Basel area as well as meet some wonderful people who I'm lucky to have as contributors to the site (many of whom are from the Centrepoint community!). Often my contributors tell me that in doing the research to write an article for YBI Basel they meet new people and learn more about their favourite hobbies and passions. Having this sense of purpose gives them a reason to delve a little deeper into the Basel community and gives a greater sense of belonging.

I am always looking for new contributors to share what they love about this great city. Have a look at the website and contact me if you are interested in getting involved.

You Belong in Basel www.ybibasel.ch
meaghan.renner@ybibasel.ch

VoxPop: Why Is Volunteering at Centrepoint Important to You?

INTERVIEWS AND PHOTOS BRIGITTA HÄNGGI

David Ruiz



I started volunteering at Centrepoint in 2021 to improve my English, a goal I achieved by obtaining my Advanced Certificate from Cambridge in 2022. I decided to continue volunteering because I feel a part of a wonderful community and truly believe in the project. Centrepoint helps locals and expats develop their skills, socialise and grow together as a community. I encourage anyone to volunteer at Centrepoint because they will receive more than what they give.

Peta Hysen



Volunteering at Centrepoint brings joy as I meet new faces, fostering diversity with the volunteers. It is a platform where I can explore and develop new skills, enriching my experiences. Collaborating with individuals from various backgrounds enhances our collective skill set and brings a range of qualities to the table. Moreover, connecting with like-minded volunteers amplifies the sense of purpose and camaraderie in a shared mission.

Ketan Doshi



Centrepoint is a 'Verein' or club and therefore all activities are member-driven and member-organised. As such volunteering at Centrepoint is vital for any of the activities from Apéro to Board President. Without this lifeblood Centrepoint will only exist as a physical meeting point, which devalues the current breadth of activities.

Volunteering at Centrepoint gave me a voice and the ability to offer my service as a valued member for the betterment and continuity of the Centrepoint community. So have a think and get in touch with the Volunteers Coordinator and see what you can do for Centrepoint! Get Volunteering!

Jane Richards



I have volunteered for over 15 years and am currently on the front desk most Tuesday mornings and bring in kitchen supplies as needed. When I first joined, I found everyone so helpful and friendly and quickly decided I also wanted to volunteer as I liked the relaxed informal atmosphere of Centrepoint. I enjoy meeting and greeting people at the front desk and any other duties which need doing that day. For me volunteering has been rewarding over the years, meeting many lovely people and making long-lasting friends - I would highly recommend it!

Lorraine Johnson



Volunteering in general is important to me as I feel it's good to offer some free time to help others when you can. I wanted to volunteer at somewhere social that would have the added benefit of meeting some new people and so I thought that Centrepoint was the perfect fit for me and my personality.

John Baker



Volunteering is my way of giving back, specifically to Centrepoint. CP has always been there for me since my wife and I moved to Basel 13 years ago. I knew I had to keep busy and so threw myself straight in and started volunteering as soon as I became a member. It is perfect way to build up a social network. It is not mandatory to volunteer but I do think every member should give something back to CP. It can be a packet of biscuits at coffee morning, helping at a one-off event or regular volunteering as without that we would simply cease to exist.

Features

Volunteer Relay ELDA OROZCO



Handover of the baton to the next teammate (Photo: Pixabay)

Are conflicting priorities and uncertainty preventing you from volunteering? In the hustle and bustle of life it is easy to feel overwhelmed by conflicting priorities and uncertain commitments. The ebb and flow of our daily routines can disrupt our best intentions, making it challenging to carve out time for volunteering. Life's unpredictability often leads us down unexpected paths, altering our availability, priorities, energy levels and need for community engagement. When faced with such uncertainties, it is natural to question our ability to commit to volunteering, especially when other obligations demand our attention.

But what if we could reframe our perspective on volunteering? What if, instead of viewing it as a rigid obligation, we saw it as a dynamic relay race? Like the members of a relay team seamlessly passing the baton, volunteers could adapt their level of commitment to match the rhythm of their lives. Sometimes, we may sprint ahead with full vigour, eager to contribute our time and energy to a cause we believe in. Other times we may need to take a step back, catching our breath and reevaluating our priorities. This fluid approach to volunteering acknowledges the ever-changing nature of our lives and empowers us to participate in a way that feels sustainable and meaningful.

This concept of the volunteer relay emphasises the importance of having a larger pool of volunteers who are ready to step in when needed. Just as a relay team relies on each member to contribute their strengths at the right moment, our Centrepoint community thrives when

individuals are able to offer their time and talents in a way that aligns with their current circumstances.

Together let's embrace the fluidity of volunteering and support one another in this rewarding relay to ensure Centrepoint resilience.

As you consider your involvement here are some examples to determine your commitment level:

Lead: Take charge and provide direction to Centrepoint, guiding its mission and objectives.

Create: Spark innovation and bring fresh ideas to life within the organisation.

Co-create: Collaborate in sustaining ongoing activities, contributing to the collective effort without assuming sole leadership.

Short-term commitment: Lend temporary assistance or engage in short-term projects as needed.

One-time commitment: Offer support on an occasional basis without an ongoing commitment.

Small acts: Contribute spontaneously during events or activities, making a difference in the moment.

Self-care: Prioritise your well-being and take a break.

Which level resonates with you right now?

Living the Country Life

TEXT AND PHOTOS ERIK O'REILLY

My Story

The story starts in Detroit, USA, as a young boy. We had a large, long garden. Gardens take a lot of work. My mother was a sly person. One day she said: "Come, let's do a treasure hunt". She hid a coin in the garden and let me search for it with a spade. "Maybe it's here, maybe it's there..." All of a sudden, the garden was worked through and it didn't feel like work at all.

Later we moved to the Lake Constance/Oberschwaben area in Germany. When I was going for a walk, underneath the castle, I discovered a big area with gardens. Impressed by the serenity and serious work, I came back again and again. I asked at one of the allotments whether I may also try working. One thing led to another (isn't it often so in life?) and I was soon offered a garden. I worked there for many years with my mother and experimented in organic and permaculture gardening (I am a health food specialist).

When I moved to Switzerland I was looking for a unique garden space that reflects me and my pursuit of happiness. One day I saw an ad in the newspaper for a garden in an idyllic area in Oberwil/BL and thought that sounds like me! My then wife was on vacation with a girlfriend at the time. When she arrived back I picked her up from the SBB and said: "Look, we have an appointment. There is a possible prospect that we should visit immediately". She moaned and groaned that she was tired and not eager to do something. Eventually she agreed and came along. Quite late, we arrived in



Wooden eagle feature in Erik's garden wilderness



Erik's garden in progress

Oberwil and didn't know where to go. Luckily, there was a city map in the post office and someone gave us the general advice: "Up, up there!" We hurried up, direction Bruderholz, and made it just in time. The club president and six interested parties arrived. We looked at everything. Such magic! Majestic old trees!

The very big garden and the house were neglected and in terrible shape. But something was there that spoke to me and said that this is mine. We went home and talked long about it. Then my wife said, if you want it then you have to say it NOW and not wait. So I called and agreed to buy. All other six parties would have bought it but I was the first one! Our idea was to work hard for a few years and then lay back and take it easy.

Now I am here 18 years later and still working hard. The years went by, almost unnoticed, and now I am an old man. I found the 'treasure' and lived it. I was ambitious and wanted to really make it mine. I feel at one with nature and consider myself a partner with nature, the animals, flowers and future generations of gardeners. Centrepointers are welcome to come and visit.

My Garden

Location: Oberwil, Direction Bruderholz, at the end of Lettenhofstrasse (Lettenmatt Family Garden Association). There is a large parking area and club restaurant "Lettenstübli" in the immediate area which is also open to non-members.

Size: The garden is 600m², and there is a small house (26m²) with kitchenette and bathroom.

Project: I am making a three-dimensional landscaped wilderness partly with double facade in English style. The garden will be divided into different areas by colour and theme. My handyman and I are currently installing new organic insulation and boarding the interior walls of the house. A large glass door will be installed at the front of the house with a wooden terrace in front of it. The flowerbed mound in front will also be extended.

Upcoming jobs: Lay the terrace floor followed by stone slabs all around to form a stylised castle. Flower slopes on the sides and a finished pond with a sandy beach around it. A lawn sofa will be placed on the upper lawn to finish it off.

Neighbours: This is an exclusive area with many celebrities living in the area; Roger Federer was my neighbour until 7 years ago!

Surrounding area: The wider area around the gardens is a beautiful hiking area with meadows, forests, a petting zoo, fruit orchards, an organic farm store, biotope network, paddocks and a boules club. There is a beautiful and well-situated barbecue area 1 km away.

Visitors and Helpers Are Welcome

As spring comes into full bloom this is a great chance to observe the flowers and nature in this beautiful area. I extend a warm welcome to all Centrepointers to come and visit my garden space, to take time away from the busyness of life and just enjoy.

I am also looking for regular and one-time or now and then helpers. Would you be interested in helping me out with my passion project? Examples of tasks at hand where I need assistance:

General garden maintenance including watering plants, cutting back flowers, shrubs and grasses, pruning trees, replacing trellises, mowing the (small) lawns and maintaining weed-free paths. Even someone to hold the ladder while I prune the trees is already a great help.

Physical help with the more labour-intensive jobs like excavating and removing a few cubic metres of clay before being able to lay the terrace floor, then stone slabs.

Providing vehicle transportation to help transport heavier materials. I am doing most of the heavy labour-intensive work myself (apart from transporting clay) using only my electric bike with a trailer attached. I would be grateful for any help with vehicle transportation.

On a Lighter Note

Recipe of the Month: Chocolate Brownies

TEXT AND PHOTO HARRIET GOEPFERT



If you want to give something to a group of volunteers, what better than chocolate brownies?

I often make them in a large baking dish or 20cm square tin. You can also use a 23cm cake tin or put them in muffin tins - in this case I recommend you halve the quantities and cooking time.

Ingredients

- 250g unsalted butter
- 200g dark cooking chocolate
- 450g caster sugar
- 4 eggs
- 2 teaspoons vanilla essence
- 150g plain flour
- pinch salt
- 2 cups chopped walnuts, glacé cherries, mixed fruit, etc. (optional)
- dash of brandy (optional)

Preparation

Melt butter and chocolate together gently (e.g. in microwave on low power) and leave a few minutes to cool. Beat together the sugar and eggs then add the vanilla (and brandy if using).

Combine the egg mix and chocolate mix. Stir in flour and salt, then nuts, etc.

Grease tin if necessary (I usually use baking paper instead). Pour mix into tin.

Bake at 180 degrees centigrade for approximately one hour, checking halfway through. If it looks a bit brown, cover it with foil for the last 30 minutes. After one hour, insert a skewer - if it comes out clean the cake is done; if not, leave for another 10 minutes and check again.

Leave to fully cool in the tin, then cut into squares.

Before cutting it up, the cake can be covered with Never-fail Chocolate Glaze (see below).

Never-fail Chocolate Glaze

- 80ml full-fat cream
- 250g dark chocolate, chopped or broken into small pieces

Bring the cream just to the boil in a small saucepan, then remove from the heat. Pour the cream over the chocolate in a bowl and stir until chocolate melts and is well combined.

Pour chocolate glaze over the cake and leave to cool. Once cool, cut into squares (or as desired).

Basel in Detail

TEXT AND PHOTOS HARRIET GOEPFERT

Where Am I?



"They expect me to fit this letter into that little hole???"

This object is somewhere in the old centre of Basel. It can easily be seen from the street. The answer will be in the next edition of Horizon.

Answer to March

The answer to last edition's "Where am I?" puzzle is:

On the balustrade on the front of the SBB train station.



Puzzles

Word Search and Sudoku

HARRIET GOEPFERT AND ANDREW CRAVEN

This month's search is about volunteering:

COMMITMENT, COMMUNITY, CONTRIBUTE, DONATE, ELECTIVE, ENLIST, FUNDRAISE, HELPER, JOIN, OUTREACH, PARTICIPANT, SPONTANEOUS, SUGGEST, UNASKED, UNBIDDEN, UNCOERCED, UNPAID, VOLITIONAL, VOLUNTEER, WWOOF

Solution next month.



March Solution



Sudoku

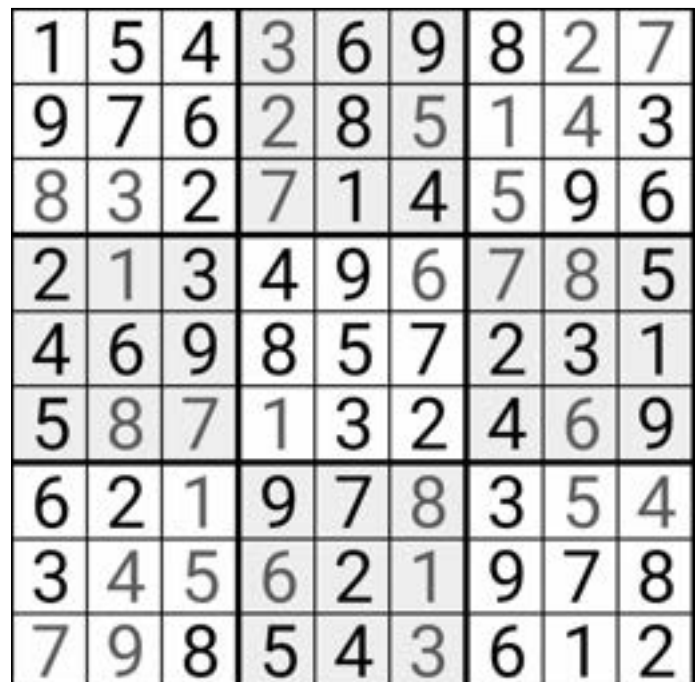
Fill in the grid so that every row, column and every 3x3 box contains the numbers 1 to 9.

Solution next month.



Everyone knows that if a square has only one option, then of course that's the solution, and no other square in the row, column or block can have that same number. Note that the same elimination rule is true if two squares in a row, column or block only have two solutions, and 3 and 4 and so on.

March Solution



Riddles

MARCEL CORPATAUX

What can you see and how many?

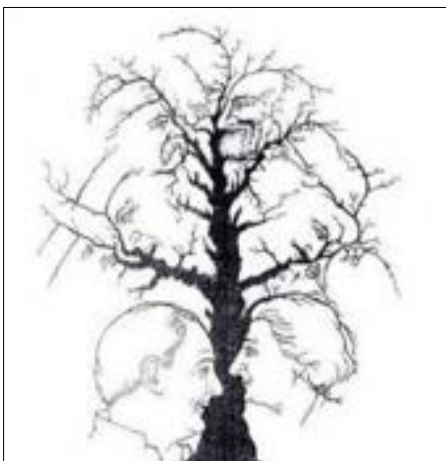
a)



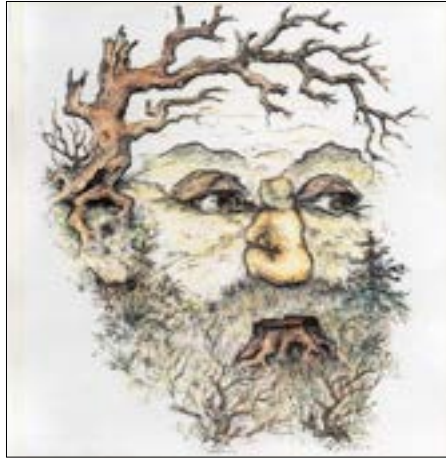
b)



c)



d)



e)



For «Einsteins» (Für schlaue Füchse)!

- 1) What invention lets you look right through a wall?
- 2) The higher I climb, the hotter I engage, I cannot escape my crystal cage?
- 3) I have two rings. I move by request. If the mixture is not right, I just sit at rest?
- 4) Face with a tree, skin like the sea. A great beast I am, yet vermin frightens me?
- 5) I am everything to someone but nothing to everyone else?
- 6) To you, rude would I never be, though I flag my tongue for all to see?
- 7) What is pink and can think?
- 8) What can hold water even though it has holes?

If you need help?: marcel.corpataux@bluewin.ch

March Solutions:

- a) Tenor.
Impugn.
- b) Daffodils.
Crocus.
Tulips.
Snowdrops.
Hyacinth.
Lily of the valley.

Mongolia.
Cambodia.
Pakistan.
Malaysia.
Vietnam.
Thailand.

c) "Life is like riding a bicycle."

6	5	24	23	20	19
7	4	1	22	21	18
8	3	2	13	14	17
9	10	11	12	15	16

"That which does not kill us makes us stronger."

18	17	16	15	12	11
19	20	21	14	13	10
28	27	22	23	8	9
29	26	25	24	7	6
30	33	34	1	2	5
31	32	35	36	3	4
			37		

Be careful (Vorsicht Falle)!

- 1) A Mushroom.
- 2) After breakfast.
- 3) Time to get the clock fixed.
- 4) On the Head.
- 5) Bunny.
- 6) Eat alphabet soup.
- 7) The "iddl".
- 8) One brick.

Partners and Communities

Partners

BASEL LIFE



Basel Life is an online English-language event calendar and guide to

living in Basel. With events, museum exhibits, fairs, markets, sports, excursion ideas, culture, history and practical tips for living in Basel and Switzerland, you can find what you are looking for at Basel Life. The easy-to-use calendar lists events for all age groups and interests that you can share or download to your electronic calendar with a simple click. Completely free and anonymous to use. www.baselife.com

FRESH AIR KIDS



Fresh Air Kids Switzerland is on a BIG mission to start an outdoor revolution that connects as many families as possible to the natural world. By breaking down the barriers of spending quality time outside, we hope to inspire, motivate and

encourage more outdoor adventure in the lives of families across the globe. www.freshairkids.com

YOU BELONG IN BASEL



Comprehensive website with informative articles, detailed profiles and travel suggestions about how to settle, connect and thrive in the Basel region. www.ybibasel.ch

General Community Interest

BASEL CONNECT NETWORK

BaselConnect supports the collaboration between expats and locals. They strive to open and maintain dialogue and answer questions about life in Basel. www.baselconnect.ch

BASEL EXPATS

This site is a free service to the expat community in Basel and beyond. The purpose of the site is to inform English speaking expats living in the Tri-Nations Region on the 'knee' of the Rhine about issues that may be of interest to them. <http://baselexpats.com>

BASEL IN ENGLISH

Website with everything you need to know about Basel... in English. www.BaselInEnglish.ch

LIFE IN BASEL

This site is dedicated to providing accurate, honest and balanced information about living in or moving to Basel. www.lifeinbasel.com

THE ENGLISH SHOW

Tuesday nights from 6:30 to 8:30 pm; Radio X, 94.5, weekly news from Switzerland and cultural events in Basel and surroundings. www.theenglishshow.com

Social & Professional Groups

AMERICAN WOMEN'S CLUB OF BASEL (AWC)

A non-profit social and civic association founded in 1947, the AWC aims to further social relationships among American women who live in the Basel area (including women of other nationalities with ties to America), to promote friendly relations with our host country and the greater English-speaking community, and to contribute financial aid primarily to Swiss philanthropic organizations. www.awcbasel.org

BASEL COACHES DIRECT

Monthly get-togethers over coffee or dinner for local coaches. Contact Sharon on mpconsultandcoach@gmail.com for more information and to join the list.

BASEL HOUSEMEN VEREIN

We are an English-speaking association of housemen, men who stay at home to look after the children and the house while the wife is out hunting and gathering. www.facebook.com/hausmen.verein

BASEL INTERNATIONAL SPEAKERS

One of the two public Toastmasters clubs in Basel city that holds meetings exclusively in English, Basel. Meets on the 2nd and 4th Wednesdays of every month from 18:45 - 21:00. Guests are welcome. <http://bis-tm.org/>

BASEL IRISH CLUB

We provide a focal point for Irish people, their families and friends, and those interested in all things Irish in the Basel region. www.baselirishclub.org

PROFESSIONAL WOMEN'S GROUP OF BASEL

PWG Basel is a not-for-profit volunteer organization of international English-speaking women from all around the world who live in the Basel area. It exists to offer women of diverse professional and cultural backgrounds a platform to gain new insights, exchange information and share experiences whilst building friendships and professional relationships in a welcoming and social environment. www.pwg-basel.ch

TOASTMASTERS OF BASEL

Meets on the 1st Tuesday and 3rd Wednesday of every month from 18:45 - 21:00 in the Lohnhof Foyer. Guests are welcome. email: tmbaselinfo@gmail.com www.toastmasters-basel.ch www.toastmasters.org

Parenting Community

BASEL CHILDREN'S TRUST

The BCT is a volunteer-run, non-profit organization that provides help, support, and information to expectant parents and families with young children living in the Basel area: from "bump" to "babe" and "beyond". <https://baselchildrenstrust.ch/>

BASEL INTERNATIONAL GIRL SCOUTS

Girl Scouting is a fun activity for English-speaking girls between 5 and 18. For more information contact baselusago@gmail.com, www.baselgirlscouts.com

HSK ENGLISH (HEIMATLICHE SPRACHE UND KULTUR)

HSK offers English lessons to mother-tongue speakers who attend Swiss schools in Basel-Stadt and Basel-Land and would like to keep up and improve their English. www.hsk-english.ch

PLAY BASEL

Here you can find lots of ideas and information about family-friendly activities in and around Basel. <https://play-basel.weebly.com/>

SCOUTS BSA BASEL

Scouting for boys and girls aged 6-18. Pack #681 has been active in Basel for more than 40 years. For Cubs (ages 6-11): <http://baselcubs.ch> Scouts (ages 11-18) www.troopwebhost.org/Troop681Basel/index.htm

Health and Well-being

ALANON (English-Speaking)

Sunday evenings, 17:45 - 18:45, Schweizergasse 23. Contact: alanon.basel@gmail.com For families and friends of alcoholics. Offers Dandelion on-line forum 24 hours hotline service 0848 848 84 www.al-anon.alateen.org, www.al-anon.ch

ALCOHOLICS ANONYMOUS (English-Speaking)

Mondays, 18:30 Schweizergasse 23, Wednesdays, 19:30 Florastrasse 12, Sundays, 19:00 Schweizergasse 23. You are cordially welcome to attend. For further information please call: 061 643 0214.

SELF-HELP CANCER SUPPORT GROUP

The Krebsliga beider Basel has an English-speaking support group that meets one or two times per month. For more information or to register please contact Judith Csapo, rebalance@juditcsapo.com. <https://basel.krebsliga.ch/veranstaltungen-kurse/cancer-support-group-english-speaking-2-1>

Music and Theatre

BASEL CHAMBER VOICES

A small choir of mostly amateur musicians (SATB) devoted to unaccompanied singing. We practise weekly and put on concerts in January and June. email: basel.chamber.voices@gmail.com <https://baselchambervoices.weebly.com>

BASEL ENGLISH PANTOMIME GROUP

Produces the Basel Panto at the Scala each year. www.baselpanto.org

GILBERT & SULLIVAN SOCIETY

Enjoy Gilbert and Sullivan and socialise with like-minded people in the Basel region. Contact: savoyardsbasel@gmail.com. www.savoyards.ch

THE SEMI-CIRCLE

Basel's English-speaking amateur theatre with two productions a year as well as play-readings on the 1st Monday of the month at Centrepoint. www.semicircle-basel.com

Sports

BASEL DRAGONS RUNNING CLUB

Mondays and Thursdays at 18:30, at Landskronstrasse 26.
www.baselrunning.ch

BASEL HASH HOUSE HARRIERS

Usually meet the second Saturday of the month at 14:00, but check website for details.
<https://basel.harrier.eu.org>

BASEL HOCKEY CLUB

Basel Hockey Club welcomes players of all ages and abilities.
www.bhc.ch

BASEL TOUCH (RUGBY) CLUB

Touch is an increasingly popular low-contact rugby-like game played by men and women. We welcome all skill levels, from total newbies to legendary masters.
www.baseltouch.ch

Government Sites

BASEL FOR NEW ARRIVALS

The Kanton Basel-Stadt provides useful information in English for people newly arriving in Basel.
www.bdm.bs.ch/Wohnen/basel-for-new-arrivals.html

BASEL NETWORK ONLINE TIMETABLE

Find your route to Centrepunkt and everywhere in the Basel tri-regional area using BVB online time tables.
<https://www.bvb.ch/en/fahrplan>

BASEL TOURISM

The purpose of Basel Tourismus is the promotion of tourism in the city of Basel and its surrounding area in close collaboration with the public authorities, partners in the tourist sector and other interested groups.
<https://www.basel.com/en>

BRITISH/SWISS CHAMBER OF COMMERCE

The British-Swiss Chamber of Commerce (BSCC) was founded in 1920 and is an independent not-for-profit organisation dedicated to supporting its 750-plus members and promoting business relations between Switzerland, Liechtenstein and the UK. The Chamber provides an ideal network and platform for business people to facilitate dialogue and change.
<https://bscc.co.uk/>

GERMAN COURSES

You can find details from the Kanton Basel-Stadt about language schools and German courses in Basel. There are options in the top right-hand corner of the website to select an English or other language translation of the site.
<https://www.deutschkurse.bs.ch/>

LIVING IN BASEL

Useful information in English from the Kanton Basel-Stadt about living and working in Basel.
www.bs.ch/en/Portrait/living-in-basel.html

English Services

ANGLICAN CHURCH OF BASEL

10:30 morning service (contemporary style) with children's and youth ministry
Adventhaus, Rümelinbachweg 60, Basel
17:30 evening service (traditional style)
Niklauskapelle in the Basel Münster cloisters
Chaplain Revd Caroline Throup
www.anglicanbasel.ch 061 321 7477

THE BAHAI LOCAL SPIRITUAL ASSEMBLY OF BASEL

The unity of mankind
Children's Junior Group and introductory classes for Adults
Regular public meetings in Lohnhof, Basel.
1st Saturday each month, at 17:30. 061 311 60 77

BASEL CHRISTIAN FELLOWSHIP

10:30 every Sunday with crèche
Johanneskirche, Am Krayenrain, 4046 Basel
Mark and Maureen Hill, 061 751 82 06
www.baselfellowship.org

CATHOLIC SUNDAY MASS

Bruder Klaus Kirche, Bruderholzallee 140, Basel
17:30 Sunday Evening Mass
Father Sibi, 061 735 11 57
www.esrccb.org

CROSSROADS BASEL

Please check our website for Sunday service times and location:
www.crossroadsbasel.ch
Contemporary music, youth ministry,
Sunday School and Crèche
Pastor David Fortune
Contact: office@crossroadsbasel.ch

GELLERT CHURCH at Christian Merian Platz (Karl-Barth tram stop)

19:00 every Sunday
Service translated into English (please request headphones). Band plays modern music. Meal for a reasonable price is offered at the Rundum Caffé downstairs before the service.

MIGWAN - Liberal Jewish Congregation

Herrngrabenweg 50, 4054 Basel
Basel's egalitarian Jewish group.
Religious classes for children and adults.
Please visit our website for more info
www.migwan.ch or e-mail us at migwan@migwan.ch

QUAKER MEETING FOR WORSHIP

10:00 (1st Sunday of each month)
CVJM, Claragraben 123, Basel
Nancy Krieger: +33 389 54 10 72 or
nancy.krieger@wanadoo.fr

THE UNITARIAN UNIVERSALISTS OF BASEL

An inclusive liberal spiritual community with humanitarian values.
Please see our website for Sunday service times:
www.UUBasel.org
or e-mail us at: UU.Basel@gmail.com

German Integration Groups

2x/week evenings



all courses now hybrid



Advertising Information

Horizon is published 10 times per year (double issues July/August and December/January) and distributed on paper (in black and white) and in electronic format (in colour) at the beginning of the month.

Advertisements may be included within Horizon and/or distributed as flyers. The printed version of your flyer will be posted with Horizon and the PDF added as a download to the electronic version. Centrepoint does not print flyers.

How to Submit

Formatted advertisements must be high resolution (300dpi), accurately sized and submitted in colour and/or black and white as JPEG or PDF files.

Email your formatted advertisement and/or PDF version of your flyer together with details of your order, your name and postal address for invoicing to advertising@centrepoint.ch by the 1st of the month preceding that of publication. We will advise the number of flyers required.

Flyers

Hand deliver your printed flyers by the 15th of the month to Centrepoint during its opening hours (see www.centrepoint.ch). They must be addressed to Horizon Distribution Manager and indicate that they are flyers for (month) from (your name). Please inform advertising@centrepoint.ch once flyers have been delivered. Any non-posted will go on display outside Centrepoint for one month.

Queries should be sent to advertising@centrepoint.ch

ADVERTISING FORMATS AND RATES

Within Horizon	Height in cm	Width in cm	Price CHF* per issue
Size A	4.4	5.9	25
Size B	8.9	5.9	50
Size C	8.9	12.2	120
Size D	8.9	18.5	180
Size E	18	5.9	100
Size F (half page)	13.5	18.5	270
Size G (full page)	27	18.5	380
Plain text advert up to 10 lines of 55 characters			20
Flyers			60

Must fit into B4 (25 x 35.3 cm) envelope without need for further folding and weigh under 20 grams

*Discretionary discounts: 10% for 3 or more consecutive issues of Horizon

DISCLAIMER: Centrepoint reserves the right not to publish your advertisement or distribute your flyer. In such cases any fees paid to Centrepoint will be fully refunded. Advertisements and flyers are not endorsements by Centrepoint of any company or product.



ipso!
International
School

Bilingual all-day school with Daycare

Combined Curriculum (international & local) | School entry possible at any time for children from 1.5 to 16 years

[Early Childhood Center](#)
[Preschool](#)
[Primary School](#)
[Secondary School](#)

Information Event: 30.04.2024 | 09.30 - 11.00
isrh.ch - Register now!

ipso Bildung AG | Bahnhofstrasse 26 | CH-4310 Rheinfelden
[ipso! International School is an ipso! education brand](#)

April

MON Desk closed	TUE Desk open 9:00 - 13:00	WED Desk open 9:00 - 13:00	THU Desk open 9:00 - 17:00	FRI Desk open 9:00 - 13:00	SAT Desk open 11:00 - 13:00 1st Sat only	SUN Desk closed
1 Hard Locked Closed	2 09:00 Spanish 09:00 Beginner's Bridge 10:00 Russian 10:30 Mahjong 11:10 English 12:20 English 13:30 Spanish 14:45 German	3 09:30 English ^o 10:00 Italian 10:30 Kaffee auf Deutsch 11:00 Italian 12:00 Italian 13:00 Bridge Club 16:30 Men Modelling 17:00 English	4 09:00 English 10:15 German Plaudern 11:30 Baseldütsch 12:30 Baseldütsch 13:45 English 14:00 Hooks & Needles 15:00 English	5 09:30 English 10:30 Coffee Morning 12:30 English 13:00 Mindfulness 14:00 Kaffee auf Deutsch 16:00 Spanish	6 11:00 - 13:00 Front Desk open	7 Closed
8 09:00 Italian 10:30 Italian 13:30 German 14:45 German 15:30 Climate Change Group 18:00 German	9 09:00 Spanish 09:00 Beginner's Bridge 10:00 Russian 10:30 Mahjong 11:10 English 12:20 English 13:30 Spanish 14:45 German 17:30 Books in English 19:00 Photography Group	10 09:30 English ^o 10:00 Italian 10:30 Kaffee auf Deutsch 10:30 Welcome Coffee* 11:00 Italian 12:00 Italian 13:00 Bridge Club 16:30 Men Modelling 17:00 English	11 09:00 English 10:15 German Plaudern 11:30 Baseldütsch 12:30 Baseldütsch 13:45 English 14:00 Hooks & Needles 15:00 English 18:00 Global Pub Quiz	12 09:30 English 10:30 Coffee Morning 12:30 English 13:00 Mindfulness 14:00 Kaffee auf Deutsch 16:00 Spanish	13 Closed 09:00 Birdwatching*	14 Closed
15 09:00 Italian 10:30 Italian 13:30 German 14:45 German 18:00 German	16 09:00 Spanish 09:00 Beginner's Bridge 10:00 Russian 10:30 Mahjong 11:10 English 12:20 English 13:30 Spanish 14:45 German 19:30 Thin Raft Writers	17 09:30 English ^o 10:00 Italian 10:30 Kaffee auf Deutsch 11:00 Italian 12:00 Italian 13:00 Bridge Club 16:30 Men Modelling 17:00 English 19:00 Scrabble	18 09:00 English 10:15 German Plaudern 11:30 Baseldütsch 12:30 Baseldütsch 13:45 English 14:00 Hooks & Needles 15:00 English 18:00 Monthly Apéro	19 09:30 English 10:30 Coffee Morning 12:30 English 13:00 Mindfulness 14:00 Kaffee auf Deutsch 16:00 Spanish	20 Closed 10:00 English Book Sale*	21 Closed 10:00 Sunday Walkers*
22 09:00 Italian 10:30 Italian 13:30 German 14:45 German 18:00 German	23 09:00 Spanish 09:00 Beginner's Bridge 10:00 Russian 10:30 Mahjong 10:30 Kunstmuseum Library Tour 11:10 English 12:20 English 13:30 Spanish 14:45 German 19:00 Talk: Finding the Right Font	24 09:30 English ^o 10:00 Italian 10:30 Kaffee auf Deutsch 11:00 Italian 12:00 Italian 13:00 Bridge Club 17:00 English	25 09:00 English 10:15 German Plaudern 11:30 Baseldütsch 12:30 Baseldütsch 13:45 English 14:00 Hooks & Needles 15:00 English	26 09:30 English 10:30 Coffee Morning 12:30 English 13:00 Mindfulness 14:00 Kaffee auf Deutsch 16:00 Spanish Book Club 18:00 ArtWall Vernissage	27 Closed	28 Closed
29 09:00 Italian 10:30 Italian 13:30 German 14:45 German 18:00 German	30 09:00 Spanish 09:00 Beginner's Bridge 10:00 Russian 10:30 Mahjong 11:10 English 12:20 English 13:30 Spanish 14:45 German					

^o event online

* event not on Centrepoint premises